



Kristen Prinz

Kristen Prinz is an employment lawyer, business counselor, and founder of The Prinz Law Firm.

Ms. Prinz represents business owners, senior executives, lawyers, and physicians in matters ranging from employment agreements and non-competes to complex employment disputes. She is passionate about advocating for her clients' interests and helping them achieve outcomes consistent with their professional goals.

As a business counselor, Ms. Prinz provides business owners, entrepreneurs, and professionals with innovative and cost-effective solutions to their legal and operational problems, enabling them to fully realize their potential. She has leveraged her litigation and culture management experience to guide clients in implementing employment best practices, effectively training staff, and creating a productive workplace culture.

She regularly speaks to business owners, associations, and professionals on topics including workplace policies, workplace culture, harassment and discrimination, and diversity and inclusion. Part of this work includes serving as a mentor to women in the legal profession and counseling professional women on negotiating employment agreements, equity agreements, and restrictive covenants.

Ms. Prinz is a member of the Executives' Club of Chicago, the Economic Club of Chicago, the Chicago Bar Association, the Illinois Bar Association, the American Bar Association, and the National Employment Lawyers Association, and served as a past president of The International Women's Forum of Chicago.

Ms. Prinz was selected for inclusion in Crain's Chicago Business' List of 50 Most Influential Female Attorneys and Most Notable Women in Law. She has been repeatedly recognized as a Leading Lawyer, a Best Lawyer, and a Super Lawyer, among numerous other awards.

Ms. Prinz received her J.D. with honors from IIT Chicago Kent College of Law and a B.A. in English from the University of Iowa.

For more information, visit The Prinz Law Firm: <https://www.prinz-lawfirm.com>